### Supplies

- blue, red, and yellow washable paint
- paper plates (1 per child)
- cotton swabs (6 per child)
- 3-ounce disposable cups filled with water (1 per child)
- paper
- paper towels or wet wipes

## **Easy Prep**

• Create a space for each preschooler to work in that includes a prepared paper plate (loaded with blue, red, and yellow paint spaced so the paints don't touch), 6 cotton swabs, a cup of water, and a sheet of paper.

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Have some paper towels or wet wipes handy that you and any adult or teen helpers can quickly wet and use to clean
up any paint spills or messy hands.

### **Experiment With Mixing Paint Colors**

Help preschoolers to designated spots, and have adult or teen helpers roll up kids' sleeves and monitor the activity. Say: We're learning that the Bible—God's Word—is a very special book God gave us. <u>God's Word shows us what to do</u>. Let's do something to help us think about that.

- Help kids identify and call out the colors of paint they see on their plates.
- Have kids each use a cotton swab like a paintbrush to mix paint and try to make purple. Watch that kids don't
  immediately mix all the colors together. Kids can paint on the paper to test the colors they're creating. Allow about 30
  seconds.
- Next, challenge kids to make orange paint. Allow about 30 seconds.
- Challenge kids to make green paint. Allow about 30 seconds.
- Affirm everyone for trying to make new paint colors all on their own.
- Say: Let me show you what to do. Show kids how to mix blue and red to make purple, red and yellow to make orange, and yellow and blue to make green—using fresh cotton swabs for each two-color blend.

#### **Talk About It**

Say: Wow! You started with three colors of paint and now you have so many more!

Ask: • Tell whether it was easy or hard to make a new color.

Why was it easier when I showed you what to do?

Say: Mixing two colors will always make a new one, but if you're not sure which colors mix to make purple, you won't know what to do. It's helpful when someone shows you what to do.

Share an example of a time someone showed *you* what to do, such as how to cook something, how to drive a car, or how to ride a bike.

Ask: • What are other things you've learned to do because someone showed you how? Preschoolers might say someone showed them how to play a game, how to put on their shoes or tie them, or how to swing at the park.

Say: We learn to do cool new things when someone shows us how. God helps us learn, too, because <u>God's Word shows us what to do</u>; it shows us how to make good choices.

# **Supplies**

- "Action Cards" handout (1 per child) (download here)
- crayons
- paper lunch bags (1 per child)
- marker

# **Easy Prep**

- Make a sample craft to show kids.
- Cut apart a set of Action Cards for each child.



#### Make a Game

Say: When we play a game, sometimes we need help knowing what to do next. Let's make some special cards to show us what to do when we play a game like Simon Says.

- · Give each child a set of Action Cards.
- Encourage kids to color the pictures on the cards.
- As kids color, talk about the action in each picture.
- Use the marker to write each child's name on a paper bag.
- After kids finish coloring, help them put their game cards into the bags.

### Play a Game

## Say: Let's play a fun game like Simon Says and give our new cards a try!

- Encourage a willing child to stand in front of the group and call out actions from his or her cards for kids to imitate. Instead of saying "Simon Says," they'll say "God Says." Some actions can begin with the statement "God Says," and others can be without it.
- · Allow each willing child to lead several motions before allowing another child to have a turn.
- · Continue playing as time allows.

#### **Talk About What to Do**

Say: Our cards showed us what to do in our game. God's Word shows us what to do, too. God doesn't usually tell us to give a high-five or skip and hop. But the Bible helps us make good choices.

Share about something the Bible helps *you* remember to do, like love people, take time to rest, or help others. Invite kids to share ideas, if they have any.

Say: The Bible is filled with things to help us make good choices. <u>God's Word shows us what to</u> <u>do</u>. Have kids take home their cards and play with their families.