



## OBJECT LESSON

### Joyful Straws

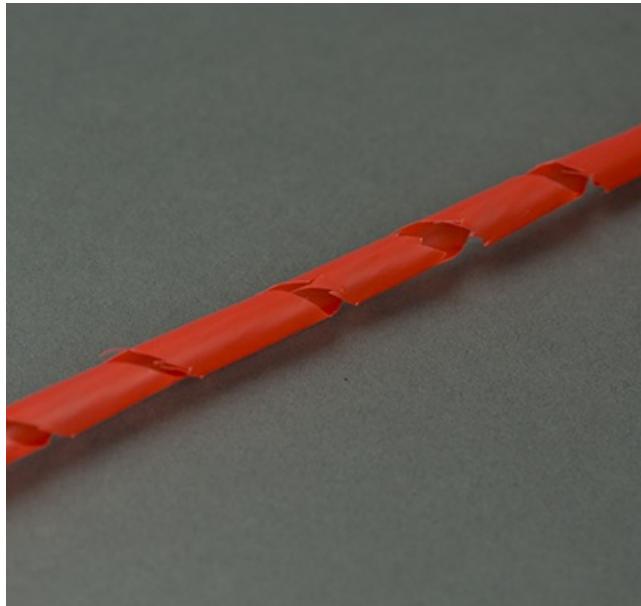
[10 min]

#### Supplies

- jumbo smoothie straws (2 per child)

#### Easy Prep

- Prepare straws (1 per child) by cutting in a spiral pattern from one end of each straw to the other. Leave about an inch of uncut straw.



#### Tip

- If you decide to do this activity before the Core Bible Discovery activity, consider using your straws to celebrate during that block, too!

#### Blow Into a Regular Straw

Say: **We use straws to help us drink water, juice, or even milkshakes.**

Ask: • **What do you like to drink through a straw?**

Say: **Let's do something different with straws. Let's blow through them.**

- Give each child a regular, uncut straw.
- Encourage kids to take a deep breath and then blow through the straw.

#### Blow Into a Cut Straw

Say: **Now let's blow through straws again. But this time you'll blow through a special straw, like this.**

- Show kids one of the pre-cut straws. Stretch out the straw so they can see the spiral cut.
- Give each child a pre-cut straw, and show kids how to blow into the uncut end.
- Encourage kids to take a deep breath, blow through the straws as hard as they can, and watch what happens to the straws. They'll wobble and wiggle back and forth.
- Laugh with kids and encourage them as they make their straws wiggle and move for several minutes.

#### Talk About It

Say: **We blew through two different straws.** Hold up a regular straw and a pre-cut straw.

Ask: • **How was blowing through the second straw different from blowing through the first one?**

Say: **The second straws were funny! We were surprised when they wiggled. It's like our breath**

**filled the straws with joy and made them dance around and have lots of fun. Joy is a fruit of the Spirit.  
Like we put wiggles in the straws, God puts joy, happiness, and laughter into us when we're friends  
with him!**