



Good morning parents!

This week we will be continuing our Fruit of the Spirit series and will be talking about gentleness. I don't know about you, but sometimes I find the troubles of life can make me cranky and out of sorts. Unfortunately, I think for all of us this means that we have moments where we spread our misery to those around us. However, just as you remind your kids, we too have to learn to be gentle, to accept our limitations and ailments without taking out our frustrations on others. Just as I am reminded by today's lesson, I hope you and your kids are too that Jesus is "gentle and humble in heart" (Matthew 11:29) and if we ask Him, He will recreate us in His image. This week, no matter what frustrations you face may God give you and your kids all a gentle spirit.

We hope you have a great day and week as you and your family talk about these Fruits of the Spirit and see God growing them in your lives.

We find it a great joy to serve your family and to walk alongside you. Please remember that we are here if you are in need of prayer or support. Don't hesitate to reach out!

Kids Branch

Kelly ([kelly@tob.ca](mailto:kelly@tob.ca)) and Anne ([anne@tob.ca](mailto:anne@tob.ca))

Note: In addition to our Kids Branch @ Home lineups we have other opportunities for you and your kids to connect and grow this fall.

- Join us for a **Nature Walk** on **Saturday November 14<sup>th</sup>** @ 2 PM. Check out our [events page](#) for more details.
- Teach and practice generosity as a family by participating in **Angel Tree Christmas**. Angel Tree Christmas is a program run by Prison Fellowship Canada. This program gives us the opportunity to show love and kindness to children who have an incarcerated parent. For the past three years the offering collected in Kids Branch went to help purchasing gifts for children on behalf of their incarcerated parent. This year we are asking families to consider purchasing a gift for a child. This year we are sponsoring 8 children. Each gift is to cost no more than \$35. If your family would like to purchase a gift for this project, please email ANNE@TOB.CA.
- Continue learning about the Fruit of the Spirit throughout the week by watching "Night Owls & Early Bird: The Fruit" on RightNow Media. Don't have a RightNow Media account? Then [sign up](#) for free today.

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**Kids Branch @ Home Video Option** - This includes worship and the Bible lesson

- **Elementary Option** - <https://youtu.be/wbMOLtGIIjU>
- **Preschool Option** - <https://youtu.be/y8f2pFffq8s>

**Kids Branch @ Home Parent Led Option**

### Worship Suggestions

During worship encourage your kids to sing, follow along with the actions, have a dance party or just listen and think about what the words say who Jesus is and who we are to him. All of these are ways that we can express our joy and love for God.

- Play "My God is Number One" - <https://youtu.be/Kz-x7dMUeX8>
- Play "Confidence" - [https://youtu.be/Bu\\_4y7KpiVU](https://youtu.be/Bu_4y7KpiVU)

## **Bible Story Suggestions – Jesus Shows Gentleness**

Parent Recap: Trying to trap Jesus, religious leaders bring him a woman who was caught in sin. The law says she should be stoned to death. Jesus handles the situation with gentleness, not condoning the sin but sending her accusers away and treating her gently.

Read John 8:1-11

### **Elementary Activity**

- Try out this [object lesson](#) (with [handout](#))

### **Preschool Activity**

- Try out this [object lesson](#)

### **Family Activity**

- Practice being gentle with this fun family activity.
- Grab a deck of cards or some graham crackers and frosting, and build a house! Be gentle so your house of cards or your graham cracker house doesn't topple.
- As you build together, talk about why it takes gentleness to accomplish this task.
- Talk about what it means to be gentle in everyday life.
- Share ways you can be gentle with each other this week.

### **Pray Together**

Thank God for caring about us so much that he is gentle with us. Ask God to help your kids be a reflection of him and show gentleness to others throughout the week.

Join the church in prayer @ 7 PM every day. Find the specific prayer request and scripture on TOB's Instagram or Facebook story. If you or your kids would like to film yourselves reading the scripture verse and praying, please email us.

### **Memorize Scripture**

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" (Galatians 5:22-23)