



Good morning parents!

It is hard to believe that this is the first Sunday of October. As a family you have navigated a unique start-up of school. Throughout the past few weeks as everyone has been adjusting to new protocols, we hope you were able to allow Love, Joy and Peace overflow from your lives. Today we are talking about Patience! This is something we all need as we continue to navigate through this pandemic. There are many stories in the Bible of men and women who demonstrated patience in their lives. While they might not have always waited perfectly, they trusted in God in the midst of their waiting and allowed him to work on their behalf. No matter what area of life you need patience in right now we pray that you would be able to lean on God and allow Him to work. We hope you have a great day and week as you and your family talk about these Fruits of the Spirit and see God growing them in your lives.

We find it a great joy to serve your family and to walk alongside you. Please remember that we are here if you are in need of prayer or support. Don't hesitate to reach out!

Kids Branch

Kelly ([kelly@tob.ca](mailto:kelly@tob.ca)) and Anne ([anne@tob.ca](mailto:anne@tob.ca))

Note: In addition to our Kids Branch @ Home lineups we have other opportunities for your kids and you to connect with us this fall.

- Check out our [October newsletter](#)
- We will be stopping by Friday or Saturday to drop off some Thanksgiving activities! While we might not see you we want you and your kids to know we miss you and care for you.

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**Kids Branch @ Home Video Option** - This includes worship and the Bible lesson

- **Elementary Option** - <https://youtu.be/8XFGs9GDi6s>
- **Preschool Option** - <https://youtu.be/uxKn98oAJBo>

**Kids Branch @ Home Parent Led Option**

### **Worship Suggestions**

During worship encourage your kids to sing, follow along with the actions, have a dance party or just listen and think about what the words say who Jesus is and who we are to him. All of these are ways that we can express our joy and love for God.

- Play "King of My Heart" - <https://youtu.be/5fTmPoDXpGw>
- Play "Thankful" - [https://youtu.be/U\\_ewLEvA8\\_o](https://youtu.be/U_ewLEvA8_o)

### **Bible Story Suggestions – Abraham and Sarah wait for a baby**

Parent Recap: God appeared to Abram and told him that he would be the father of many nations. However, Abram and Sarai were very old and had no children. Later God changed Abram and Sarai's names to Abraham and Sarah and promised that He would bless them with a son. Abraham and Sarah needed patience when they were waiting for their promised son.

Read Genesis 18:1-15, 21:1-7 or watch "God's Story: Abraham and Sarah"  
<https://youtu.be/NdqrwGJYePQ>

**All Ages Activity:**

- Try out this [object lesson](#) to further explore the topic of patience

**Family Activity:**

- Have everyone pick one of the following Bible verses and write it on an index card
  - Psalm 62:1
  - Romans 8:25
  - Psalm 27:14
  - 1 Corinthians 13:4
- Everyone can carry his or her index card around and refer to it when unexpected or unwanted waiting times come up, such as traffic or a long line.

**Pray Together**

Before you pray together talk about the situations and people you need to be patient with. Pray that God would give your kids patience when they need it most and their patience would be a positive influence on others around them.

Join the church in prayer @ 7 PM every day. Find the specific prayer request and scripture on TOB's Instagram or Facebook story. If you or your kids would like to film yourselves reading the scripture verse and praying, please email us.

**Memorize Scripture**

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" (Galatians 5:22-23)