



## Supplies

- snack-size resealable plastic bags (1 per child)
- various colors of felt cut into 1-inch squares (15 per child)
- glue sticks
- small sponges (1 per child)
- bowl of cold water
- paper towels

## Easy Prep

- Make a sample craft to show kids, and freeze it. Take it out just before class.



## Make an Ice Pack

Say: **The man in Jesus' story was hurt. He had lots of owies, and he probably hurt all over.**

**Sometimes when we're hurt, it helps to use an ice pack.** Pass the sample craft around so kids can feel it.

**Let's make special ice packs for our friends or families to use if they get hurt.**

- Give each child a bag and 15 felt squares. Help kids glue felt squares to cover one side of the bag.
- After kids finish gluing the felt squares to the bags, give each child a sponge, and lead kids to dip the sponges into water to get them wet.
- Help kids squeeze most of the water out of the sponges, put them into the bags, and seal the bags securely.
- Use paper towels to clean up any spills.

Say: **Let's pretend we're hurt, and our friends can bring us an ice pack to make us feel better.**

Encourage kids to take turns pretending to be hurt and bringing each other ice packs for their injuries.

Continue as time allows.

## Talk About It

Say: **It's no fun to get hurt.** Share about a time *you* were hurt and someone helped you feel better. You may have had a friend bandage a twisted ankle, a spouse help you put an injured arm into a sling, or a doctor give you crutches after you broke a leg.

Ask: • **Tell about a time *you* were hurt and someone helped you.** Kids may share about Mom getting a splinter out of a finger, Dad giving them ice when they bumped their head, or a teacher giving them a bandage when they skinned a knee.

Say: **When someone's hurt, they usually need help. Being friends with God helps us have goodness in our hearts. Goodness is a fruit of the Spirit. We can show goodness by helping someone who's hurt just like the Samaritan man did.**

---

Epic Teachings of the Bible, Lesson 6: Fruit of the Spirit: Goodness. Design and base content copyright © Group Publishing, Inc. Licensed for use with 61-100 students. Permission to reproduce granted for local church use only.